

# Health & Wellness



## Through Play Ages 3yrs to 5yrs



Friday, November 6, 2020

Friday, November 13, 2020

Friday, November 20, 2020

Friday, December 4, 2020

Friday, December 11, 2020

There will be two sessions— 2pm to 2:45pm & 3pm to 3:45pm

Facilitated by Regis College OT Graduate Students

Zoom Meeting Link

<https://us02web.zoom.us/j/81784229731?pwd=SjZycGQxdHo3aWFXQXYyb1B3VTI6UT09>

Meeting ID: 817 8422 9731

<https://bit.ly/3jwF1m8>

Any questions please feel free to reach out to:

Jeanette Velez

[jvelez@capicinc.org](mailto:jvelez@capicinc.org)

(617) 887-0076



This program is funded by the Coordinated Family & Community Engagement (CFCE) grant and awarded to CAPIC  
by the Massachusetts Department of Early Education and Care.

